

Annamarie Pluhar, M.Div., an award-winning speaker and trainer, is the force behind Sharing Housing, Inc. As the founder and president, Ms. Pluhar advocates for older adults, especially singles, to have a “home-mate,” someone with whom they can share a home with other(s) to reduce housing expenditures, enjoy the benefits of company, community, cooperation, and comfort.

She is the author of *Sharing Housing, A Guidebook for Finding and Keeping Good Housemates* based on her own personal experiences of living in shared housing for over 20 years of her adult life. In addition, Ms. Pluhar designed and conducts the webinar “Discovering Shared Housing” and “The Sharing Housing Option: A Practical Program for Helping Your Clients, Friends, and Family Save Money, Overcome Isolation, and Live Fully” a half-day in-person workshop.

An expert in instructional design, facilitation, training, and project management, Ms. Pluhar has 30 years experience with government agencies such as the Federal Emergency Management Agency (FEMA)/U.S. Fire Administration (USFA), United States Agency of International Development (USAID), Nuclear Regulatory Commission (NRA), as well as commercial, and nonprofit organizations. She has served as a board member of the Windham Child Care Association, and is currently a Planning Commissioner for her town of Dummerston, VT, an active member of St. Michael’s Episcopal church in Brattleboro, VT, and a founding member of BrattleMasters, a Toastmasters club.

Ms. Pluhar has worked with a number of organizations and has presented the benefits of sharing housing and an outline of a process for selecting a home-mate. This presentation is tailored for different audiences including local, regional, and state government agencies as well as individuals. Ms. Pluhar has been an invited speaker at:

- American Society on Aging Conference
- Positive Aging Conference
- Life Planning Network, Boston
- Dartmouth/ Mary Hitchcock Aging Resources Center
- Yarmouth Housing Panel, Yarmouth, MA
- Society of Certified Senior Advisors, National Webinar
- Healthy Aging Conference, Grace Cottage Hospital, Townsend, OH
- Aging-in-Place Speaker Series, Wilmington, VT
- Tri-State Aging Conference, Concord, NH
- Hannah Grimes Center for Entrepreneurship, Keene, NH
- Women's Economic Opportunity Conference, Vermont
- Unitarian Universalist Church of Arlington (Massachusetts)
- The Dean's Forum, Trinity Cathedral, Cleveland, OH
- Libraries—Arlington, MA, Hancock, NH, Woodstock VT, Brattleboro, VT
- Strolling of the Heifers, Brown Bag, Brattleboro, VT
- Putney Cares, Cares Board, Putney, VT
- Twin Oaks Community Conference.



Testimonials

“Annamarie has a relaxed manner, a supportive confidence and presents all of the information needed to get people to the next step. She offers both information about the process and her experiences that can move people to the next step. She adapts presentations for the audience and covers the bases. She creates confidence in the audience that they would be able to overcome any challenges to making shared housing arrangement and assuring it’s continuity.” Jan Hively, Age-Friendly Yarmouth

“Annamarie is a phenomenal facilitator!” Kim Nace, The Rich Earth Institute

If your organization would like to explore the benefits of shared housing and have Ms. Pluhar give a presentation, please call 802-387-0487 to schedule a time to speak with her.