

Here's How!

You can have a Home-Mate!

Someone you like and respect whose way of living at home is compatible enough with yours that everyone is comfortable.

Yes, you can.

The right Home-Mate can improve your life by

- Reducing housing costs
- Providing companionship
- Helping with household tasks
- Giving support in times of need

Intrigued? Come Learn

- How you can benefit from sharing your home.
- How you can find and screen potential *home-mates* effectively.
- How to share your home comfortably, safely, and peacefully.

Sharing Housing

An Intensive Workshop to Gain Skills in Selecting a Good Home-Mate

Thursday - Saturday
October 19-21
9:30 AM - 3:30 PM
(Lunch provided.)

Yarmouth Senior Center
528 Forest St.
W. Yarmouth



Do you have empty bedrooms
in your home?

Do you spend more than 30%
of your income on housing?

Did you know..

...that chronic loneliness has higher
risk of early mortality than smoking?

Imagine life at home...

- without stressing about the cost of housing
- not always eating alone
- knowing you'll be found if you fall



Learn how

in an exciting new workshop



Sharing Housing

“The key to successful sharing housing is choosing the right person!”

Do you know how to go about finding a suitable home-mate? Most people don't!

Poor choices are often made when there are no guidelines or standards for figuring out if someone is a good fit.

A person may be very nice but totally incompatible. A friend may be wonderful fun but not a good home-mate!

Sharing Housing offers this workshop to equip you with a proven process that will help you confidently make the best choice for your home-mate!

Meet Workshop Leader, Annamarie Pluhar, M.Div.

Annamarie is the author of *Sharing Housing, A Guidebook for Finding and Keeping Good Housemates* and the founder of *Sharing Housing, Inc.* An experienced course designer and trainer, she delights in creating learning experiences in which participants are active and engaged.



“Excellent, well thought-out, good balance of listening and moving,Abundant information shared with authenticity - Annamarie knows what she is talking about.”

“Annamarie is a phenomenal facilitator!” — Class participants

An Intensive Workshop to Gain Skills in Selecting a Good Home-Mate

In this workshop you will learn

- 5 ways sharing housing will improve your life
- What you can (and can't) require of a home-mate
- 6 essential steps in a home-mate search
- The secret to harmonious home sharing
- What to look for in an interview
- How you can assess compatibility

The workshop will include games, lectures, discussion, and self-reflection. You will leave with insight and next steps for your own situation.

- Day 1 Home-Sharing, the Basics
- Day 2 Living Successfully with a Home-Mate
- Day 3 Finding and Choosing the Right Person

Registration

Name _____

Address _____

Phone Number _____

Email _____

We request that you fill out a short questionnaire before the workshop. How would you like to receive the form? Check one, please.

___ Please email. I will complete and send back or print and bring with me the first day.

___ Please mail to my address. I will complete and bring with me the first day.

Workshop Fee: \$35 (Includes lunch, a participant notebook, and a copy of *Sharing Housing, A Guidebook for Finding and Keeping Good Housemates.*)

Attendance is limited. Sign up Now!



To Register: Cut off this page and with your check, drop it off or mail it to **Yarmouth Senior Center, 528 Forest Rd, West Yarmouth, MA 02673.**

For more information or questions:

Call: Annamarie, 802-387-0487

email: Connect@sharinghousing.com

Website: sharinghousing.com

